



Hello friends, patients, clients & readers!

Well, for the 1st time in about 6 years, as I mentioned in the last newsletter, I've been recording more podcasts & youtube videos to bring Biblical education & encouragement to anyone who will listen. For now, I record as time allows, not on any set schedule ;)

As the Lord leads, I am interviewing clients & patients who I've walked this health journey with. They are sharing the raw details of what they were suffering/struggling with, what they were diagnosed with, how their hope & life & health has been restored, what our journey together looked like... the hard times, the breakthroughs, the miracles, and everything in between. What a joy it has been to reconnect after walking through (often times) the hardest seasons of people's lives & give everyday people, like you and I, a platform to tell their story. I take the gift of a "platform" very seriously. I know to whom I answer when God gives me another child of God to help, or when He gives me a microphone or megaphone. My heart is to tell the world what God has done and what is possible, by sharing real life accounts of what He's doing through and after the suffering and sickness. Anything that takes our focus off of "self" and onto JESUS is a worthy battle to enter. And all of this is for (y)our good & God's glory!

I'm on mission to bring you & anyone you know, HOPE! Because **HOPE. HEALS.**

Romans 15:13 ~ May the **God of hope** fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope!

Romans 12:12 ~ Rejoice in hope, **be patient in tribulation**, be constant in prayer.

Hebrews 11:1 ~ Now faith is the assurance of things hoped for, the **conviction** of things not seen.

Here are the Testimonials we've recorded since the last newsletter:

1. Cherie's Ankylosing Spondylitis & Thyroid Healing Testimony
2. Lauren's Mental Health/Bipolar/Manic Healing Testimony
3. Emily's Rheumatoid & Fibromyalgia Healing Testimony
4. Jaclyn's Breast Explant, Hormone & Gut Healing testimony

You can find my podcast on:

[Spotify](#), [Apple Podcasts](#), [Amazon Music](#), [I Heart Radio](#), and [Podbean](#).

I also recorded a new & improved [Dr. Mom 101 \(2024\) Part 1: MY favorite natural remedies & medicine cabinet essentials!](#). This one is on my wellness blog (linked above), [YouTube](#) for visuals of the products, and on all my podcast channels to help equip parents & grandparents for all the things... Part 2 is coming soon!

- My social media handle (FB, IG, Youtube & all podcast platforms) is: **@DrJanaJoshuGrimm**
 - We would be so blessed if you are lead to share, subscribe or leave a review to help us reach others with hope & help.
 - Regarding FB: please use my business page, not my personal page.
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SAVE THE DATE: Friday, March 1 >> Next Webinar

Total Health Revival: A Comprehensive & Customizable Approach to Restoring Energy, Mental Clarity, Gut Health & Hormone Balance!

I'll be showing MY OWN root cause labs & findings again, maybe adding some "shocking photos" (with permission) of "things" (parasites, biofilms, gall stones, and more) that have come out of different clients & patients bodies, and helping you

understand how uncovering & identifying these "root causes" is a game changer to getting the breakthrough so many people can't find.

>> Email for registration to follow soon.

For those who don't know, we felt the Lord confirm and call us to Sheridan, WY in July 2021. We bought land within 1 month, sold our businesses and CA home over the next 6 months, left CA in January 2022, lived on the road in our 5th wheel for 1 year while building a new home, and moved in exactly 1 year ago next week. Our 1st trip here we found a church which remained our home church as we popped in during the build and until this summer of 2023.

Then we took a leap of faith last August to obey God and change churches. This meant driving 40 minutes away. For anyone who has been a part of a church family (especially our 1st one here in WY), it is never easy. These were the only friends we had here. But we follow Jesus, not our friends. Maybe that's a word for someone else right now ... And I can tell you, God KNEW what we needed.

As bad as many think CA is, the opposition there made the Light shine ever brighter (at least in our experience). We were surrounded by "on fire" Believers! We had a wonderful church, we were well fed sheep with expository, line by line teaching, rich in doctrine, and alive in The Spirit. We got to witness how the other messes that came with California created a desperation and NEED for Jesus, and we saw God moving mountains and adding to the numbers daily. In Wyoming, life is easier in SOME ways. But the desperate NEED for Jesus is not as tangible.

We've wrestled, grieved, repented and prayed about so much these last 2 years. BUT...it has made us devour the Scriptures like never before. It has given us a renewed love for The Body of Christ. It has made us depend on Jesus above all else. And it has made us *solidify our theology!* We've had to make some uncomfortable or necessary changes or sacrifices at times. But God has been at work behind the scenes (as always!)... and we are seeing Him move constantly since August!!!

To give you a little background... I've had this "knowing" (which also means many seasons of "doubting", tension in marriage, all the things... keepin it real) for 15 years, that God has had a calling on Zach's life, but it hasn't been the time. There's been decades of refining, maturing, shifting, moving, and preparation taking place (by faith I'll say...for such a time as this). Zach has never sought to "take the pulpit." He is well aware and respectfully terrified of the responsibility that comes with teaching & rightly dividing The Word. A healthy and reverent "fear of God" is a good

place to be in light of all the vying, striving and selfish ambition that takes place in much of what we call "ministry" or "church" today. There is so much ear tickling, pastor worship, drama, performance and "making things happen," that we have wrestled through all the mess that comes with "church." And we are also well aware we too are sinners who are unworthy, who fall short all too often, and we are part of the problem.

That said, Zach started Bible College this year and then, to our surprise and in God's abundant mercy, our pastor recently asked Zach to teach a Christmas message. He then asked him to start teaching at our church once a month. We did not see this coming. Nonetheless, Zach has prayerfully answered the call for now. While we do not know what God has planned for the future, we are enjoying seeing a little revival happen in this little community south of us called Buffalo, WY and also here in the Bible Study we host in our home here in Sheridan, WY with a few other local families. God used our pastor to see something in Zach and challenge him to step up.

I've gotten to watch the Lord sift, strengthen, work, confirm, embolden, humble, and prepare Zach for the occasion this past Sunday. To witness the Holy Spirit training someone in their Spiritual gifting is pretty amazing. It's been a long (hard) road (to say the least!) ...Maybe I'll get that book written one day after all and share all the details... Until then... **here is Sunday's message for anyone who needs to be exhorted & encouraged:**

Who you YOU say that [Jesus is]?

The Spirit is moving & we cherish your prayers.

Pressing on until He takes us up!

Dr. Jana

xDo you have a testimony to share or an idea/question for my podcast. Send an email to: office@drjana.com & we will pray about it :)

Know someone who needs hope or healing?

Share a podcast or forward this email and have them [sign up for my newsletter here](#). Only goodness & Godliness. No junk, ever.

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